

Flight International Track Club

2009 Annual Track and Field Meet

Date: May 23, 2009

Meet Location: McNeil High School
5720 McNeil Road
Austin, Texas 78729

Admission: * **\$5.00 per athlete** **\$5.00 for spectators**

*Two coaches per team/working coaches are free.

Pre-registration on May 22, 2009 at

Nelson Field - (West side parking lot)

7400 Berkman Drive

Austin, Texas 78752

NO CHECKS!!! Accepting Money orders or cash, no exceptions. Teams can mail in their fees by May 20, 2009 to Flight International PO Box 14004, Austin, TX 78761. Otherwise each team can register at McNeil High School the morning of the meet.

Entry Rules: Athlete and/or club must be registered with the AAU/ USATF.

Divisions Guidelines: The athletes division will be determined by their age as of December 31 of the current year. Birth Certificates will serve as proof of the participants' age if required. Athletes must run in only one age division.

Primary	(Born 2001 & After)		
Sub Bantam	(Born 2000)	Bantam	(Born 1999)
Sub Midget	(Born 1998)	Midget	(Born 1997)
Sub Youth	(Born 1996)	Youth	(Born 1995)
Intermediate	(Born 1993-1994)	Youth Men/Women	(Born 1991-1992)

*** (Athlete can not reach the age of 19 before the start of the current Junior Olympics)**

Sanctions: This track meet is sanctioned by the AAU

If you have any questions please contact Coach Brantley at 512-287-9495

CONCESSIONS WILL BE AVAILABLE FOR YOUR CONSUMPTION

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Field events start at 9:00 am, running events will start at 11:00 am and coaches meeting will start at 8:30 am. The track meet will be on a rolling schedule.

Field Events start 9:00 am & 3000m Run start 9:00 am

Pole Vault

Information will be provide for this event at the gates

Long Jump

Primary-Girls/Boys
Bantam/Sub Bantam-Boys
Midgets/Sub Midgets –Boys
Midgets/Sub Midgets-Girls

Sub-Youth/Youth-Girls
Sub-Youth/Youth-Boys
Intermediates-Girls/Boys
Young-Women/Men

Triple Jump

Sub-Youth/Youth-boys
Sub-Youth/Youth-Boys
Young-Men

Intermediates-Girls
Intermediates-Boys
Young-Women

High Jump

Midget/Sub Midgets-Boys
Midgets/Sub Midgets-Girls
Youth-Girls
Youth-Boys

Intermediates-Girls
Intermediates-Boys
Young-Women
Young-Men

Discus

Sub-Youth/Youth-Girls
Sub-Youth/Youth –Boys
Intermediates-Girls
Intermediates-Boys

Midgets/Sub Midgets-Boys
Midgets/Sub Midgets-Girls
Young-Men
Young-Girls

Shot Put

Primary-Girls
Primary-Boys
Bantam/Sub Bantam-Boys
Bantam/Sub Bantam Girls
Midgets/Sub Midgets-Girls
Midgets/Sub Midgets-Boys

Sub-Youth/Youth- Girls
Sub-Youth/Youth-Girls
Intermediates-Girls
Intermediates-Boys
Young-Women
Young -Men

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Running Events start at 11:00 am

80m hurdles	Midgets Girls/Boys
100m hurdles	Sub Youth Girls- Young Women
100m hurdles	Sub Youth Boys
110m hurdles	Intermediate/young Men
4x100m Relay	Coaches/Parent
4x100m Relay	All Divisions
800m Run	All Divisions
50m Dash	Munchkins 5yr & Under
100m Dash	All Divisions
400m Dash	All Divisions
200m Dash	All Divisions
1500m Run	All Divisions
4x400m Relay	All Divisions

*FLIGHT INTERNATIONAL
TRACK CLUB*

Note: NO parents or spectators will be allowed on the infield. All running events will be hand timed and recorded for record purposes. For any questions please call (512) 287-9495 or email us at flightintl_trackclub@yahoo.com.